



# SVENSKA SKIDFÖRBUNDET®

SWEDISH SKI ASSOCIATION



Huvudsponsor





# TEAM CAPTAIN'S MEETING FOR SCANDINAVIAN CUP & SMART ENERGY CUP



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SWEDISH SKI ASSOCIATION

Östersund 13 december

# AGENDA

- Roll call
- Introduction of the OC, the Jury and SSA
- Event Program
- Venue Overview
- Timetable
- Weather Forecast
- Entries and draw
- Stadium
- Courses
- Ski testing and warming up
- Course Preparation and Grooming
- Information from the TD
- Information Equipment Control
- Information from SSA/FIS
- Information from the OC



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# ROLL CALL

AUS

CHN

COL

DEN

EST

ESP

FIN

GBR

ISL

LAT

LTU

MEX

MLT

NOR

POR

SWE



# INTRODUCTION OF THE OC, THE JURY AND NSA REPRESENTATIVES



## LOC:

Chairman:	<i>Anders Ingebrand</i>
Chief of competition:	<i>Jenny Grip</i>
Competition Secretary:	<i>Tinna Bäckman</i>
Chief of Course:	<i>Erik Melin Söderström</i>
Chief of stadium:	<i>Jens Göransson</i>
Chief of timekeeping:	<i>Alfred Andersson, Elitetiming</i>



## JURY:

TD:	<i>Tor-Arne Hetland</i>
TD assistant:	<i>Mikaela Sundbaum</i>
Chief of competition:	<i>Jenny Grip</i>

Swedish Ski Association (and FIS) represented by:  
*Ludvig Remb, SWE NSA Race Director*

National athletes' representative:  
*Simon Stenberg: +46703876598*  
*Ingrid Hallquist: +46725453999*



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# ORGANISATION



Chief of Competition	Jenny Grip
Ass chief of Competition	Markus Flinkberg
Chief of Course	Erik Melin Söderström
Chief of Stadium	Jens Göransson
Chief of Start	Thomas Andersson
Chief of Finish	Erik Lövgren
Equipment control	Gunilla Mellgren
Timing	Alfred Andersson, Elitetiming
Antidoping	Markus Flinkberg
Race office	Tinna Bäckman
Wax cabins	Martin Börjesson
Speaker	Jonas Andersson & Mattias Bångman
Prerunners	Anders Ingebrand
Medical contact	Therese Lundkvist / Eva Roos
Chief of Ceremonies	Anna Eriksson





# EVENT WEEKEND PROGRAM

*Friday 12.12.2025*

**Sprint 1,4 km Free**

*Saturday 13.12.2025*

**Mass start 20 km Classic, D21/H21**

**D21 start 10.00, H21 start 11.30**

**D17-20 start 12.45, H17-20 start 13.45**

*Sunday 14.12.2025*

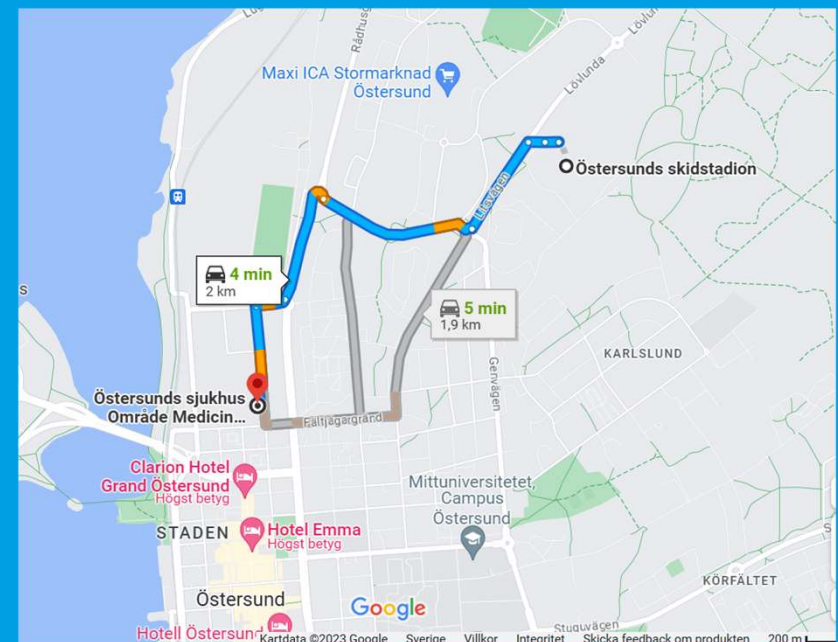
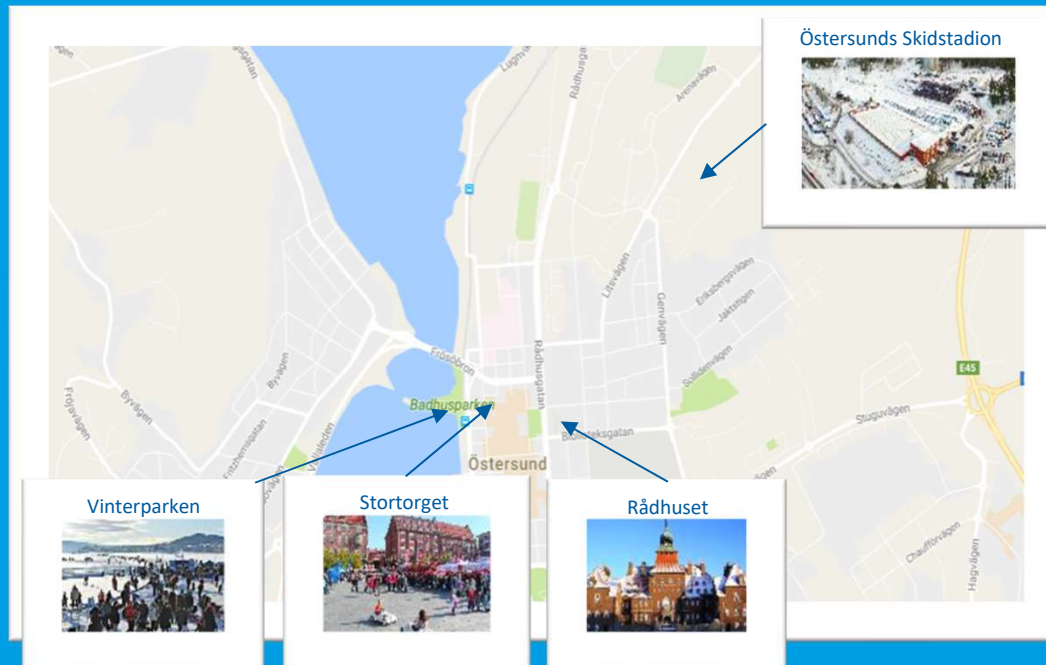
**Interval start 10 km Free**

**D21 09.00, H21 10.40, D17-20 13.00, H17-20 13.45**



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# VENUE OVERVIEW





# EVENT PROGRAM SUNDAY



Sunday 14.12.2025

venue Östersund skidstadion



00 Interval Start Free 10 km D21 (3\*3,3 km)

40 Interval Start Free 10 km H21 (3\*3,3 km)

00 Interval Start Free 10 km D17-20 (3\*3,3 km)

45 Interval Start Free 10 km H17-20 (3\*3,3 km)



# TIMETABLE - SUNDAY

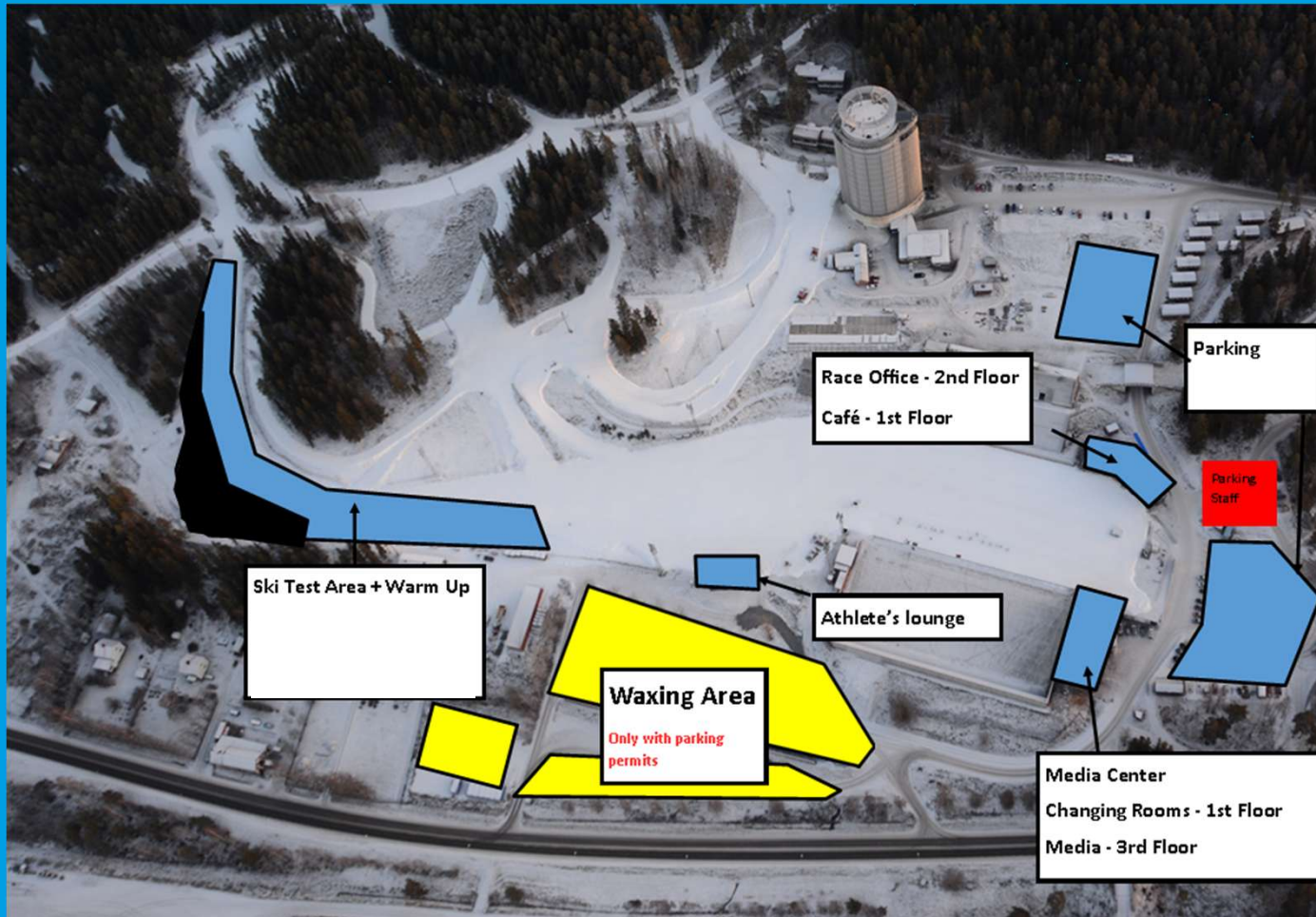


07:00	Stadium lights on
06:00	Skitest area open
07:00 – 16:00	Race Office open
08:00 – 08:55	Race Course prepared and ready for test and training. OBS! Closes 5 min before competition start
09:00	Interval Start 10 km Free (3*3,3 km), D21 Flower ceremony directly after finish in the finish area
11.00	Prize giving ceremony in the finish area
10:40	Interval Start 10 km Free (3*3,3 km), H21 Flower ceremony directly after finish in the finish area
13.20	Prize giving ceremony in the finish area
13:00	Interval Start 10 km Free (3*3,3 km), D17-20
App. 14.00	Prize giving ceremony 10 min after finish in the finish area
13:45	Interval Start 10 km Free (3*3,3 km), H17-20
App. 15:00	Prize giving ceremony 10 min after finish in the finish area
21:00	Stadium light closes



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# VENUE OVERVIEW



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# ENTRIES AND DRAW

## START ORDER

Scandinavian Cup rules apply. Four groups (D, C, B, A)

## ENTRIES

## BIBS

Bibs will be picked up at the building next to the start,  
ONLY personal pick up by the athlete.  
Remember ski marking.

## Sunday

D21 from 7:45

H21 from 8:15

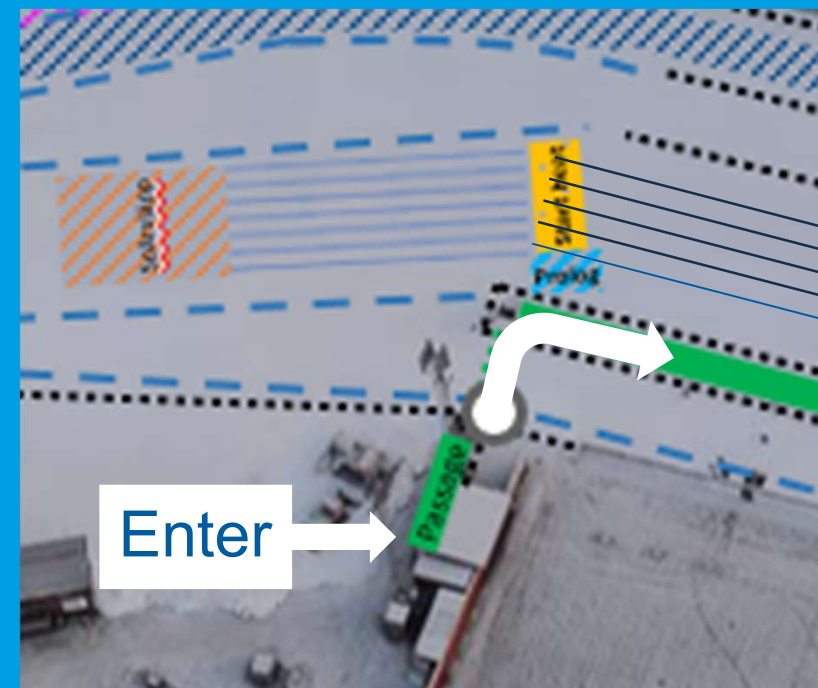
D17-20 from 11:00

H 17-20 from 12:00

Transponders – Swedes and Norwegians go with their own transponders. Other foreign athletes use the borrowed transponders (same transponder all races). **NOTE!** Will be picked up at Race Office.

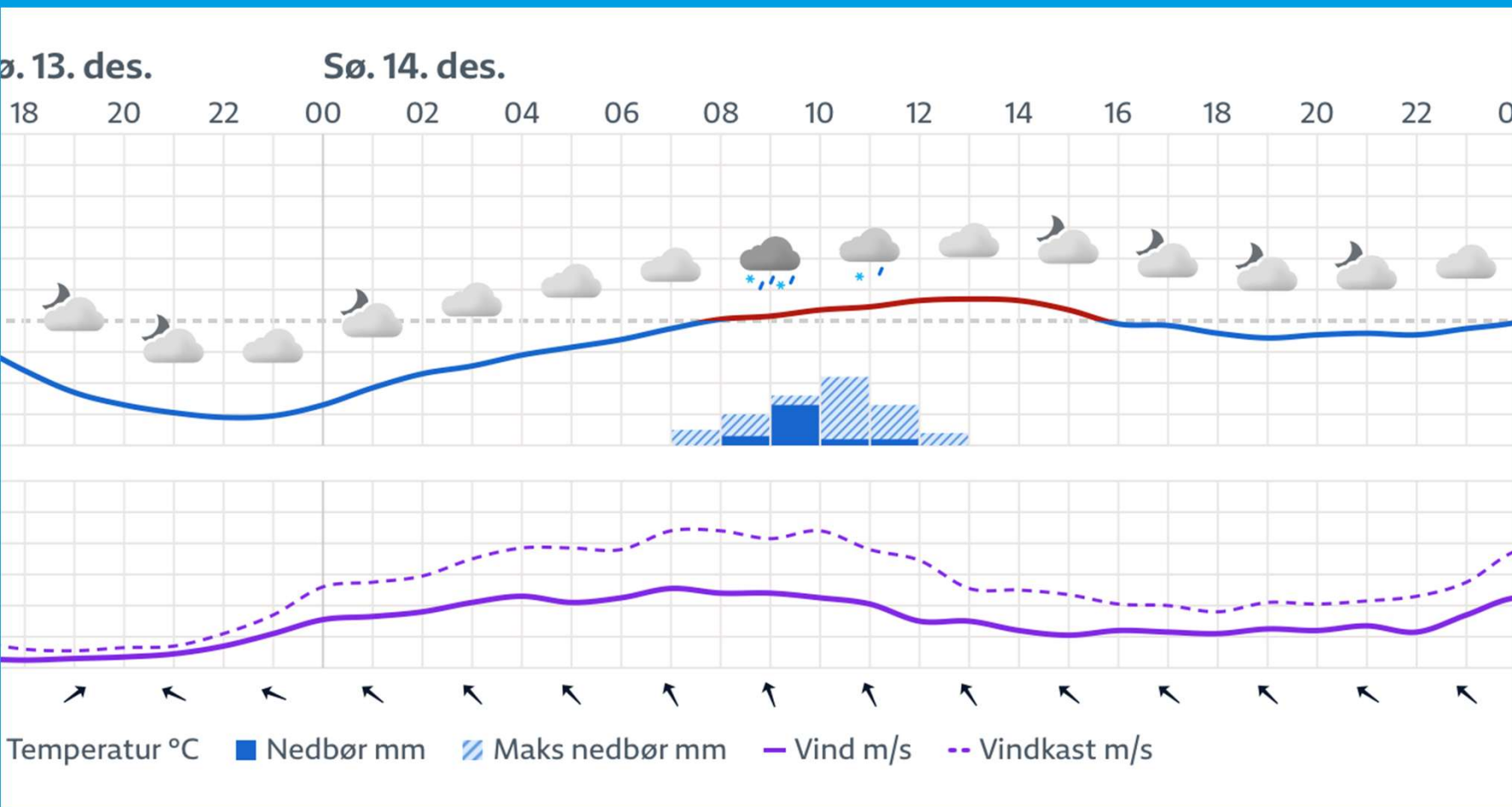


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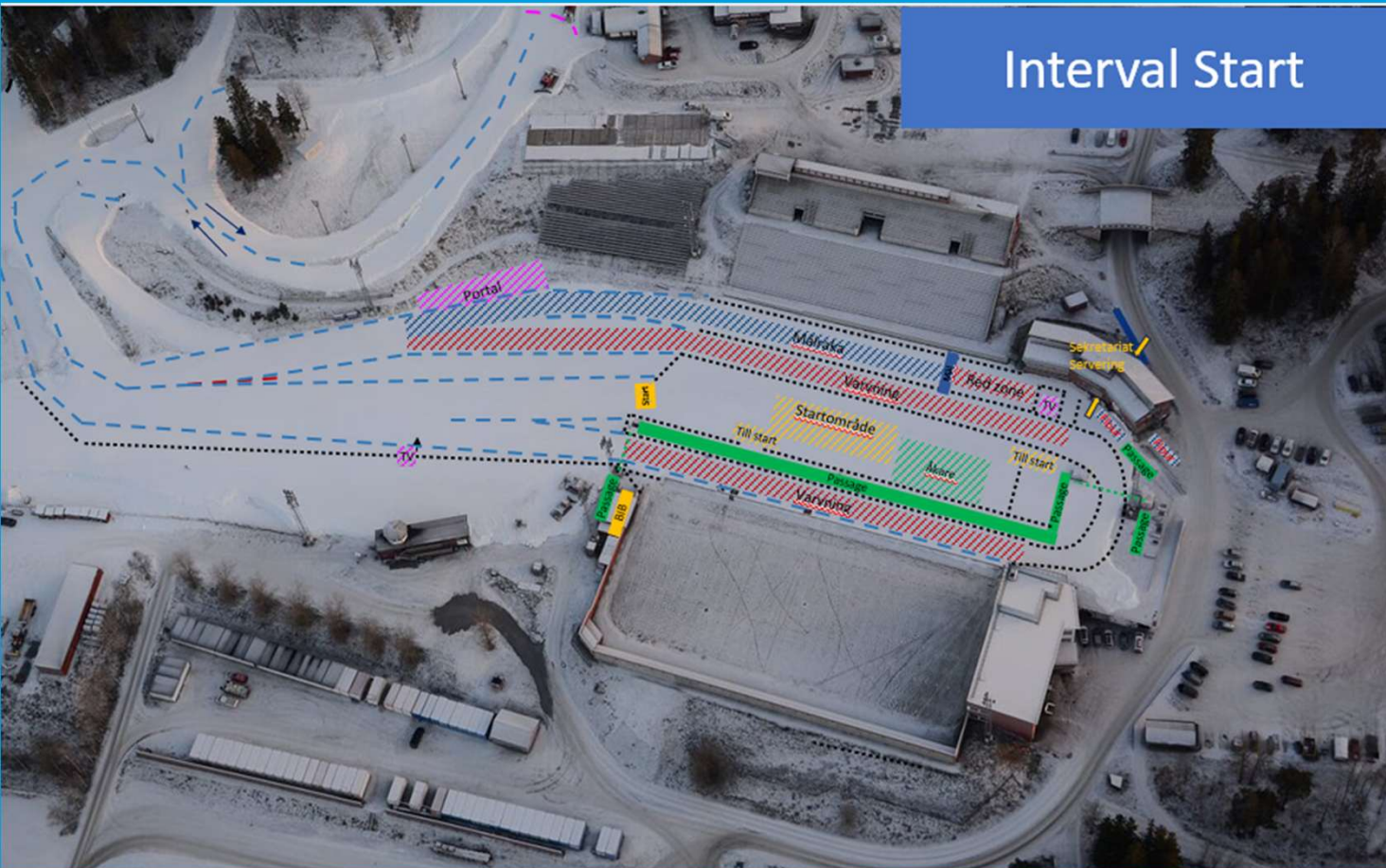


# WEATHER FORECAST





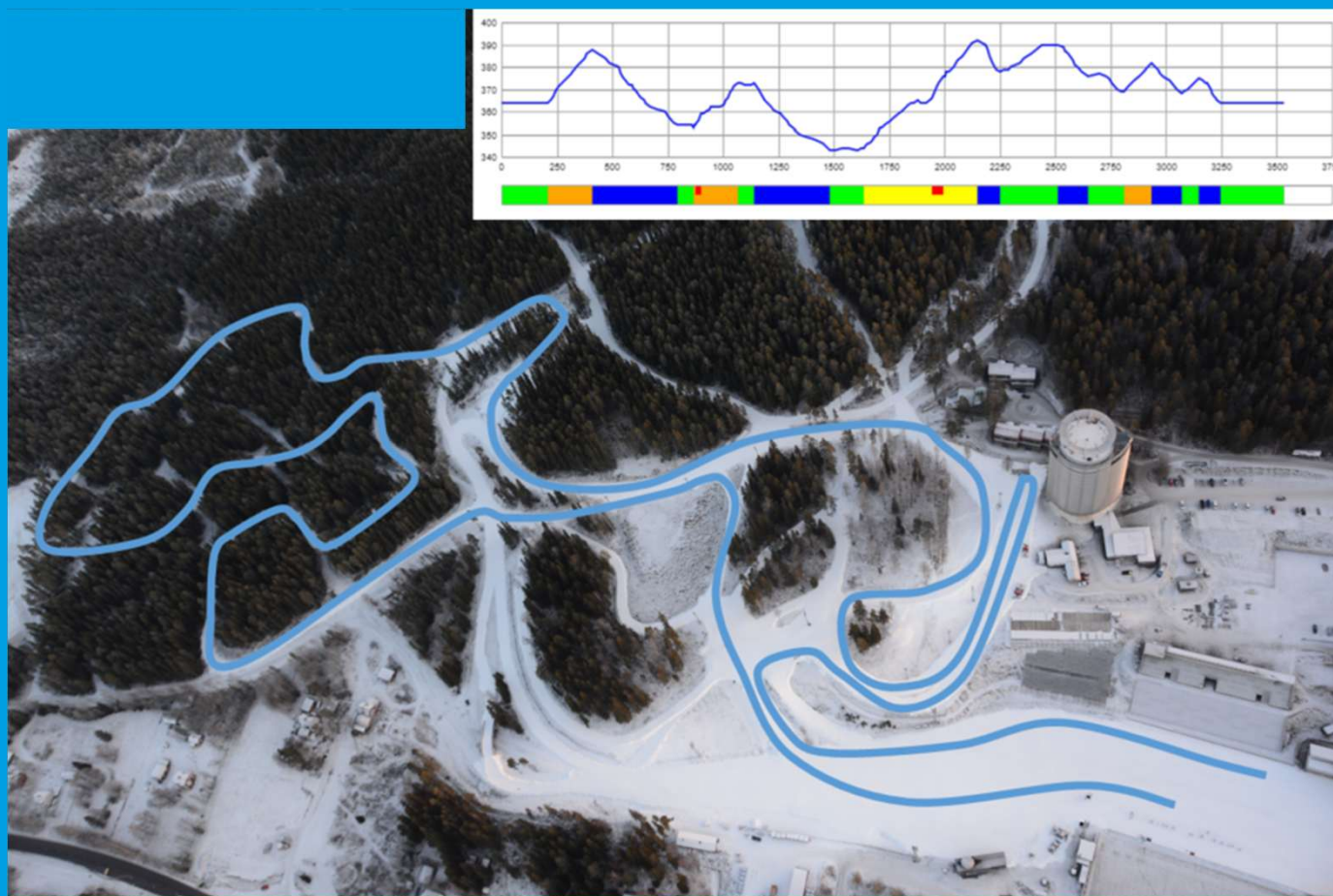
# STADIUM - SUNDAY



### 3 corridors

Respect the  
pathway  
to start. Do not  
cross the tracks.

# COURSES SUNDAY –INTERVAL START 3\*3,3 KM D 21/H 21/ D 17-20/ H 17-20



# COURSE PREPARATION AND GROOMING



- *Race course closed 21:00-08:00*
- *Test course open from 06:00, other courses open from 08:00*
- *Grooming from 22:00*
- *Snow condition on course: Mixed, artificial and natural snow*
- *Snow conditions on the ski test tracks: Mixed, artificial and natural snow.*
- *Warm Up tracks: Mixed, artificial and natural snow*



*Any comments or questions concerning the course or course preparation?*



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# GENERAL INFORMATION FROM THE TD



## 343. Responsibility of the competitors



# INFORMATION EQUIPMENT CONTROL



Fluor testing, randomly, after the race, close to the finish area.

Athletes must leave their skis in the drop off zone, upon demand.

Skis will be delivered back to the athletes in the pick up zone after testing.

**NOTE!** All skis must be marked with the date and bib number. This is the responsibility of the athlete.





# GENERAL INFORMATION FROM SSA/FIS

Thank you all for a great weekend!

All races are broadcasted via Bonnier News, watch here:

<https://livesport.expressen.se/skidsport> (In Norway via A Media)

**All weekend, flower ceremony according to the result of the actual race – in the finish area directed by TV. Podium vests.**

**All weekend, two official prizegiving ceremonies – after the end of the race. Podium vests.**

Bildbyrån on site all weekend, see [www.bildbyran.se](http://www.bildbyran.se) and the app. Pictures

## Scandinavian Cup:

Eva Ingebrigtsen, NOR

Filip Skari, NOR



## Smart Energy Cup:

Elin Henriksson, Skellefteå SK

Oskar Algotsson, Åsarna IK



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# GENERAL INFORMATION FROM LOC



Withdrawals for all races must be done before 18.00 each race day.

Prizemoney according to scandinavian cup rules.

205.4

## PRISUTDELNING

Fredag kl. Ca 14.00 båda klasser.

Lördag kl. Ca 13. 15

Söndag kl. Ca 12.30

Priser till topp 10 i Smart Energy och topp 3 i skandinaviska cupen. Pristagare måste närvara personligen vid prisutdelning annars tillfaller pris arrangören.

## PRIZE CEREMONY

Friday ca 14.00 both ladies and men.

Saturday ca 13.15 both ladies and men.

Sunday ca 12.30 both ladies and men.

Prizes to top 10 in Smart Energy and top 3 in Scan cup. The prize winners have to personally attend otherwise the prizes stay with the organizers.

Info from LOC in Östersund:

A reminder: The official prize giving ceremony for seniors will take place at 13.00 h CET in the stadium area.

The official prize giving ceremony for juniors will take place at 15.00 h CET in the stadium area.

10:15



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For medical services, contact the event doctor. In emergencies, call 112.



# THANK YOU AND GOOD LUCK!





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